## Double-Fold Binding Instructions

## Step 1: Measure

Referring to Measure The Perimeter diagram, measure each side of quilt; add the four measurements together to determine the perimeter of the quilt. Add 10" to this measurement for seam allowances.

## Step 2: Prepare Binding Strips

Referring to the Fabric Chart, cut the number of strips indicated at $2 \frac{1}{4}$ " wide. Sew together end to end. Press in half lengthwise with wrong sides together.

## Step 3: Sew The Binding

For hand-finished binding, place raw edges of binding to front side of quilt; using a scant $1 / 4$ ", sew to quilt, mitering corners. A scant $1 / 4 "$ is about one stitch width less than a $1 / 4$ ". Fold to back and hand stitch in place.

For machine-finished binding, place raw edges of binding to back side of quilt; using a scant $1 / 4$ ", sew to quilt, mitering corners. A scant $1 / 4$ " is about one stitch width less than a $1 / 4$ ". Fold to front and machine stitch in place.

Measure The Perimeter


Fabric Chart

| Quilt Perimeter (total of all four sides of quilt) | Number of Strips | Fabric Needed |
| :---: | :---: | :---: |
| Up to 215" | Cut 5, $2^{1 / 4}{ }^{\prime \prime}$ strips | 1/3 yard |
| 216 " to 257" | Cut 6, $2^{1 / 4}{ }^{\prime \prime}$ strips | 1/2 yard |
| 258 " to 299" | Cut 7, 21/4" strips | $1 / 2$ yard |
| 300 " to 341 " | Cut 8, $2^{1 / 4}{ }^{\prime \prime}$ strips | $2 / 3$ yard |
| 342 " to 383 " | Cut 9, $2^{1 / 4}{ }^{\prime \prime}$ strips | $2 / 3$ yard |

